

## Compare the Cost, Quality and Convenience of VA Health Care

- ✓ No monthly premiums
- ✓ Eye exams & glasses now available
- ✓ Full-range of wellness programs and behavioral health
- ✓ Comprehensive women's health care
- ✓ Personal veteran photo ID
- ✓ Affordable prescription plan

## Eligibility

All honorably discharged men and women who meet eligibility criteria can receive full VA medical benefits. Some veterans, depending on income, may be required to make a co-payment for health care services.

## How Do You Enroll?

Complete the Application for Medical Benefits, VAF 10-10EZ. It is short, can be completed in 10-15 minutes and it's available at the clinic. Please provide a copy of your DD-214 or honorable discharge certificate. You will appreciate the warm, caring attitude of the VA staff who pledge to provide you with courteous service.

## Visits Require An Appointment

Call any week day between 8:00 a.m. and 5:00 p.m. at 518-853-1247. Our medical staff will provide you with an initial evaluation and future follow-up outpatient visits.

## What Services Are Available?

The Fulton/Montgomery VA Outpatient Clinic offers a full range of primary care outpatient services to veteran men and women in Fonda and the immediate surrounding areas.

Patients are seen on an appointment basis only. This will help us ensure you receive the timely services you deserve. VA nursing staff will be available to assess your needs and ensure you'll get access to the care you need, when you need it.

You will be able to receive an annual physical examination or appropriate health screening, immunizations, medication and any follow-up care required by your primary care practitioner.

Should you require specialty services or inpatient care, you will be referred to the VA Medical Center for appropriate treatment.

If you need inpatient care at a VA not close enough for you and your family to commute to and from your home, accommodations are available in each VA Medical Center. They provide a place for the veteran and caregiver to stay at no charge except for meals for the caregiver.



## Mental Health

Maintaining good mental health is a responsibility that we all share. At times during our lives, we need assistance to manage the stress and problems that can be overwhelming.

The Mental Health Practice in Fonda offers individual and group counseling to veterans who have problems related to depression, anxiety, family issues or chronic problems of mental illness. Also, wellness workshops are offered on the topics of anger management, stress management, bereavement, sleep hygiene, parenting skills, and memory enhancement.

Please ask your VA primary care provider for a referral to the mental health services offered.

### HANDICAPPED ACCESSIBLE

Full and easy access for all veterans.

### PRESCRIPTIONS

Routine prescriptions processed through the mail.

### PRACTICE HOURS

Monday - Friday  
8:00 a.m. - 5:00 p.m.

### MENTAL HEALTH SERVICES

Mental health services, medication management and referrals available at convenient hours.

### LABORATORY SERVICES AVAILABLE

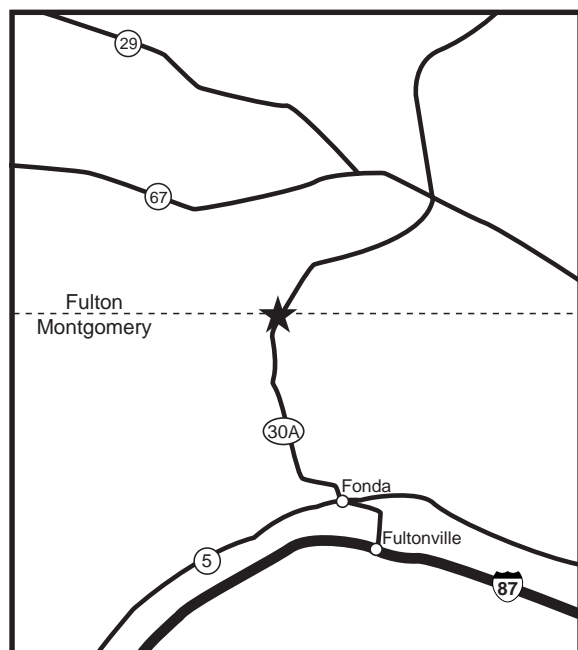


## How Do I Get There?

The Fulton/Montgomery VA Outpatient Clinic is conveniently located at:

2623 State Highway 30A  
Fonda, NY 12068

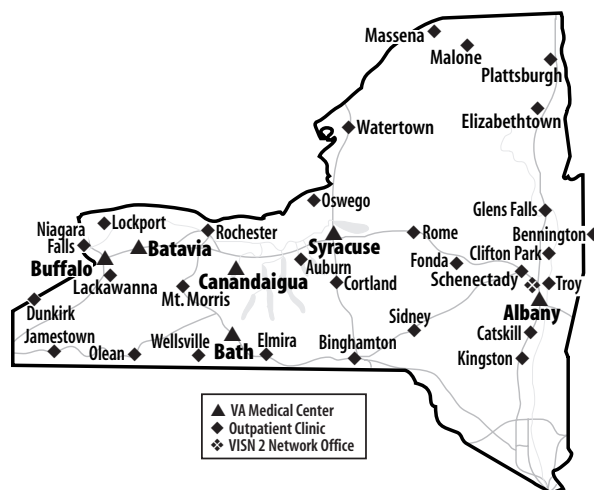
- Exit 28 off the NYS Thruway (I-90)
- Left off exit, follow Rte. 30A North



## Reaching Us Is Easy

**Fulton/Montgomery  
VA Outpatient Clinic**

2623 State Highway 30A  
Fonda, NY 12068  
518-853-1247



### VA Healthcare On The Web

<http://www.va.gov/visns/visn02/>

### Upstate New York Veterans ~

Wherever you are, When you need help ...

**VA TELCARE**

**1-888-838-7890**

*Leading Health Care  
In The 21st Century*



## Fulton/Montgomery VA Outpatient Clinic

A member of the  
VA Healthcare Network Upstate New York

Produced by Network Marketing/Communications  
Designed and printed by the Network Print Shop, Bath VA Medical Center  
Photos by Kimberly R. McKinzie

7/01

